

6th Grade

Male	Average	Results
Age	0	12 years
# of students tested	0	28
Height / Ht.-Age%	60 inches	66th percentile
Weight / Wt. -Age%	99 pounds	68th percentile
Waist Circumference	25 - 31 inches	28 inches
Waist to Height Ratio	.42 - .51 ratio	0.47 ratio
Body Mass Index -BMI	5% - 85%	71st percentile
Heart Rate	70 - 100 bpm	90 bpm
Pulse Oximeter	95 - 100%	97%

7th Grade

Male	Average	Results
Age	0	13 years
# of students tested	0	23
Height / Ht.-Age%	63 inches	75th percentile
Weight / Wt. -Age%	111 pounds	75th percentile
Waist Circumference	26 - 32 inches	30 inches
Waist to Height Ratio	.41 - .51 ratio	.48 ratio
Body Mass Index -BMI	5% - 85%	67th percentile
Heart Rate	70 - 100 bpm	100 bpm
Pulse Oximeter	95 - 100%	98%

8th Grade

Male	Average	Results
Age	0	14 years
# of students tested	0	42
Height / Ht.-Age%	67 inches	75th percentile
Weight / Wt. -Age%	146 pounds	90th percentile
Waist Circumference	26 - 34 inches	32 inches
Waist to Height Ratio	.39 - .51 ratio	.48 ratio
Body Mass Index -BMI	5% - 85%	86th percentile
Heart Rate	70 - 100 bpm	94
Pulse Oximeter	95 - 100%	98

Female	Average	Results
Age	0	12 years
# of students tested	0	30
Height / Ht.-Age%	61 inches	75th percentile
Weight / Wt. -Age%	108 pounds	77th percentile
Waist Circumference	25 - 30 inches	28 inches
Waist to Height Ratio	.41 - .51 ratio	0.46 ratio
Body Mass Index -BMI	5% - 85%	76th percentile
Heart Rate	70 - 100 bpm	95 bpm
Pulse Oximeter	95 - 100%	99%

Female	Average	Results
Age	0	13 years
# of students	0	33
Height / Ht.-Age%	63 inches	73rd percentile
Weight (pounds)	121 pounds	78th percentile
Waist Circumference	25 - 32 inches	28 inches
Waist to Height Ratio	.40 - .51 ratio	0.44 ratio
Body Mass Index -BMI	5% - 85%	78th percentile
Pulse	70 - 100 bpm	102 bpm
Pulse Oximeter	95 - 100%	98%

Female	Average	Results
Age	0	14 years
# of students tested	0	19
Height / Ht.-Age%	65 inches	75th percentile
Weight / Wt. -Age%	125 pounds	73rd percentile
Waist Circumference	25 - 33 inches	27 inches
Waist to Height Ratio	.39 - .51 ratio	.42 ratio
Body Mass Index -BMI	5% - 85%	67th percentile
Heart Rate	70 - 100 bpm	102
Pulse Oximeter	95 - 100%	93



Tremont Middle School Anthropometric Testing Results - April 2018

Tracking Growth Trends, Nutritional Habits and Activity of students from 2017-18 class until Seniors in high school.

<https://www.health-calc.com/body-composition/waist-to-height-ratio>

<https://www.cdc.gov/obesity/resources/multimedia.html#Widgets>

<https://my.clevelandclinic.org/health/diagnostics/17402-pulse--heart-rate>

