

## **Free Educational Presentations for Schools and Organizations**

Presented By:







## **Topics of Discussion**

Health & Wellness Nutrition Hospital Services Sports Medicine Topics Workplace Wellness Programs Strength and Conditioning Physical Fitness Outreach Health and Wellness Programs Preventative Screenings

To request an HMC professional to come speak at your location, please go to the "Get Involved" section of this site and send us a message on a topics, time and location.